

superlife

finding the why within™

WHY ARE YOU STARTING SUPERFASTDIET?

WHY DO YOU REALLY WANT TO LOSE WEIGHT?

WHY DO YOU WANT A BETTER LIFE?

WHAT MAKES YOU COME ALIVE?

WHAT ENERGISES YOU?

WHEN DO YOU FEEL MOST YOU (E.G. AUTHENTIC AND GENUINE)?

AT THE END OF YOUR LIFE, HOW WOULD YOU LIKE YOUR CONTRIBUTION TO BE ASSESSED?

