



Hummus & Veggies Snack Box

1 serving

5 minutes

Ingredients

- 1/2 Red Capsicum (sliced)
- 2 stalks Celery (cut into small stalks)
- 1/3 cup Blueberries
- 1/4 cup Hummus

Nutrition

Amount per serving	
Calories	201
Fat	11g
Saturated	2g
Carbs	22g
Sugar	9g
Protein	6g
Cholesterol	0mg
Sodium	329mg

Directions

- 1 Assemble all ingredients into a storage container and refrigerate until ready to eat. Enjoy!

Notes

Storage, Refrigerate in an airtight container up to 3 days.

No Hummus, Use guacamole or a ready-made dip instead (Additional calories will apply)