



## Strawberries & Coconut Whip

1 serving  
10 minutes

### Ingredients

- 1/2 cup Strawberries
- 1/2 cup Coconut Whipped Cream

### Nutrition

Amount per serving	
Calories	85
Fat	4g
Saturated	4g
Carbs	14g
Sugar	8g
Protein	1g
Cholesterol	0mg
Sodium	1mg

### Directions

- 1 Put strawberries and coconut whipped cream into cup or small bowl. Enjoy!

### Notes

**Leftovers,** Refrigerate the strawberries and coconut whipped cream in separate airtight containers for up to four days.

**No Coconut Whipped Cream,** Use regular whipped cream, greek yoghurt or coconut yoghurt.

**Coconut Whipped Cream,** Use a store-bought can or make your own.